

HEARTLINE

Heartline came into being as a result of Laurie Monroe's own direct experience of the universal love energy communicated through her from Bob and Nancy Monroe. *Heartline* offers new approaches for removing the obstacles to love's expression in our daily lives, as well as methods for exploring deeper levels of **Self**, for discovering one's true self-essence. This is a highly interactive and experiential process which utilizes a variety of exercises beyond the program tapes in order to help participants discover *heartspace*.

Heartline is a graduate program for those who are serious about looking within. It is about creating heartspace — self-love, self-trust, and non-judgmental acceptance. It is about allowing, understanding, and moving beyond feelings into the transcendental.

As we move into the knowing that we are indeed more than our physical bodies, so too do we need to understand that we are more than our emotional bodies, our personalities. In order to accomplish this, it is necessary to explore those areas within us which hold us back from basic self-trust and self-acceptance. We must be willing to let go of blocks, the energetic shields we hold in order to protect ourselves and our hearts from perceived threats, old and new.

Heartline is not about renouncing our left brain or rational self; rather, it is an invitation to that part of self to open, allow, and welcome the heart, the feeling connection, to come into balance. In this way we can move into a greater wholeness and expanded awareness of **Self**.

If you are ready to move through the gateway to your heart, if you are willing to open to the energy of love more fully and completely, then join us for *Heartline*. And remember, as always, Hemi-Sync works as a supportive underpinning to your intent, your purpose . . . **You** are the magic.