



The  
Monroe  
Institute

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## Dear Friends & Members,

It is my great pleasure to share with you our Annual Report for 2018. You will see that we accomplished a number of key initiatives proposed by TMI's Board of Directors.

In addition to continuing to deliver exceptional, high-quality experiential programs, the focus in 2018 was to expand our research efforts in collaboration with the University of Virginia's Division of Perceptual Studies, discover new applications for our programs through such research efforts, broaden our reach internationally, and to remain fiscally sound. I am delighted to say that **we have accomplished these priorities.**

As I reflect on my retirement from The Monroe Institute, I hold profound gratitude for my mentor, stepfather, and first boss, Robert A. Monroe. He gave a priceless gift to me and to millions of others across the globe. His research, books, Hemi-Sync® audio technology, and experiential programs have helped millions attain and use greatly expanded states of consciousness. He developed tools to aid in achieving larger perceptions of reality, including what he termed a "Different Overview."

"Scooter" and Bob circa 1985.



My gratitude also goes out to my mother, Nancy Penn Monroe, whose support and brilliance made it possible for Bob to accomplish all that he did. Thanks to their vision and hard work, along with the support of countless others, we have been conducting consciousness expansion programs and welcoming people to the Institute from all across the globe for four decades, now.

Noted thanatologist **Elisabeth Kübler-Ross, MD, is among the thought leaders who were attracted to Bob's work.**

In addition to becoming a beloved family friend, she collaborated with Bob and Charles T. Tart, PhD, on the creation of the *Going Home* series of Hemi-Sync exercises for people in transition.

I had the honor of being Elisabeth's monitor in our lab at Whistlefield Research Labs when she had her first out-of-body experience. Back then, Bob felt it was important to bring subjects in the booth back to normal waking consciousness at 45 minutes. He didn't want to "reel them out too far."

So, at the 45-minute mark of Elisabeth's Focus 12 Free flow exercise, I changed the frequencies, and verbally guided her back to normal, waking consciousness. When she came out of the booth she was as excited as she was furious—excited because she had just had her first OBE, and furious because I had taken her out of such an incredible experience "prematurely!"

Determined to avoid the 45-minute limit in her next session, Elisabeth zipped out of her body and went as far and as fast as she could. When she finally decided to return, she saw Bob and me staring down at her with relief as she lay on the bed in the booth.

That night in the guest house at Whistlefield, Elisabeth experienced a spontaneous deep consciousness shift. She lived the deaths of each of the many patients she had helped move through the last stages of the dying process. Elisabeth would later comment publicly that her life and career were

**"TMI is a MAGICAL, LIFE-CHANGING ORGANIZATION with incredibly talented and dedicated staff, trainers, and volunteers."**



*Elisabeth Kübler-Ross, MD, "Scooter," and Bob at Whistlefield Research Labs circa 1976.*

changed forever because of her experiences at "the lab in Virginia."

It is exactly that kind of transformative event, and watching the thousands of others whose lives have also been tremendously and positively changed as a result of our work here at TMI, that fulfills me and my sense of purpose. **TMI is a magical, life-changing organization** with incredibly talented and dedicated staff, trainers, and volunteers.

Our work is needed now more than ever. Thank you for being a part of making peak, life-enhancing experiences available to people worldwide!

With warmest wishes,

*Nancy H. McMoneagle*

Nancy "Scooter" McMoneagle  
President & Executive Director

The cover of this annual report is by Patty Ray Avalon, an artist and residential trainer at The Monroe Institute. One in a series, this work incorporates flowing, forceful, and bold strokes of acrylic paint to create an abstract interpretation of cosmic forces. The paintings allow the viewer to feel and sense what is seen in the cosmic dance of creation through expressionism.

Patty has a BFA and an MFA from Indiana University. She has studied at the Art Institute of Chicago, and the Central School of Art and Design in London. She is a graduate and former faculty member of the Barbara Brennan School of Healing, and a former faculty member of Hollins College, in Virginia. Patty has been a trainer at TMI for 18 years.

She is a professional artist working in the Blue Ridge Mountains of Virginia. She has her artwork in private and public collections around the world and has shown her work in the World Bank in Washington, DC, the US Botanical Garden, The Mellon Foundation, and has had her faux finishing used in the National Gallery of Art in Washington, DC.



*Patty Ray Avalon,  
TMI Residential Trainer*

# "It's like going to

"The biggest illusion is that man has limitations. When you come to TMI, it unlocks that illusion."

"Finding this power of the universe, and that we are all connected. It's amazing."

"This is the most happy I have been in years. I feel calm inside. My family and friends will get a better version of me."

"Every exercise has a purpose for you to grow and to go to the next level."

"I can't recommend Gateway enough – it gets you in touch with that inner guidance whatever the form, the voice, image, knowings. Instead of approaching the world with a small part of me, I approach it with all of me."

## GATEWAY VOYAGE®

Robert Monroe's unparalleled Gateway to consciousness exploration.

## LUCID DREAMING INTENSIVE

Dream Consciously. Live an awakened life.

## OBE INTENSIVE

Interested in out-of-body exploration? Do not miss this one-of-a-kind cutting edge program.

## GUIDELINES®

Connect to your inner self-helper. Access your guidance within.

## LIFELINE®

Explore the afterlife state. Serve others in this life and beyond.

## TIMELINE

Revisit the earlier years of your current life. Discover and explore your "past lives."

## EXPLORATION 27®

Go beyond the limits of the Earth Life System.

## STARLINES I

Experience a different overview. Explore our galaxy and beyond.

## STARLINES II

Optimize your service to humanity, earth, and your total self.

## STARLINES REUNION

Experience greater physical contact with our star-journeying teammates.

## SERVING SPIRIT

A hands-on course in Evidential Mediumship.

## REMOTE VIEWING

Unlock the power of your mind. Perceive the unseen.

## REMOTE VIEWING II

Reinforce your remote viewing skills. Locate advanced targets.

# Hogwarts ... it's magical!"

"From the minute I pull up to The Monroe Institute I feel a shift and change. It's hard to describe, it's priceless."

"I would encourage anyone, if you have an inclination to really just make yourself better, to come to TMI, and learn about your life."

"The vibration of the group and instructors really makes a difference."

"People see changes in me after I return from a program. They see my confidence and peace, and my patience with the world."

"You spend a week with like-minded people from all over the world. You meet all kinds of world-class people. There is no other experience I can compare it to."

## NEAR DEATH EXPERIENCE

Gain profound insight by exploring the signature aspects of an NDE.

## DISCOVERY

Discover how your brainwaves are reacting during expanded states of consciousness.

## ANIMALS AND INTERSPECIES COMMUNICATION

Communicating with animals and all life through telepathy and other non-verbal means.

## MC SQUARED

Expand your mind. Explore the world of psychokinesis.

## LAW OF ATTRACTION

Manifest the life you want.

## ENERGY MEDICINE

Explore energy healing using Hemi-Sync® and SAM®.

## MEDICAL INTUITION AND DREAMS THAT HEAL

Hear and understand what your body is telling you.

## ENERGYBODY

Awaken to your highest potential.

## EVENT HORIZON

Positive practices that illuminate our path to freedom.

## HEARTLINE

Enter the gateway of heart consciousness. Expand your capacity to love and trust.

## PEAK WEEK

The pinnacle of expanded states.

## CONSCIOUS PRESENCE

Gain fresh new perspective. Connect to "all that is".

## NEW YEAR

Do something more meaningful to greet the new year.

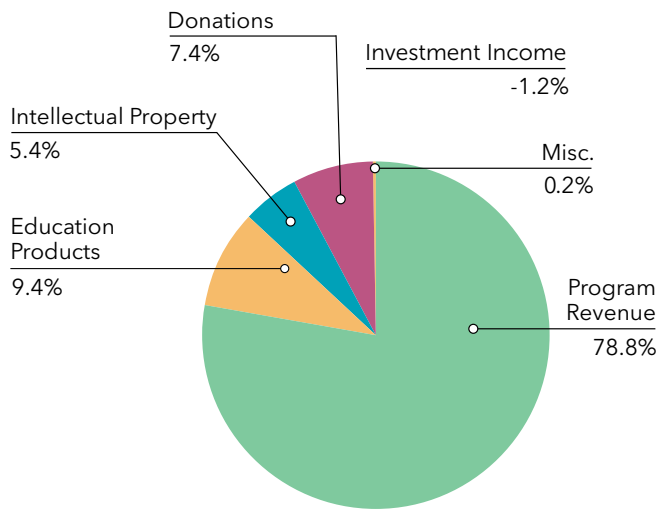
## SOUND MEDICINE

Learn to use Hemi-Sync® to heal faster and sleep better.

## FINANCIALS

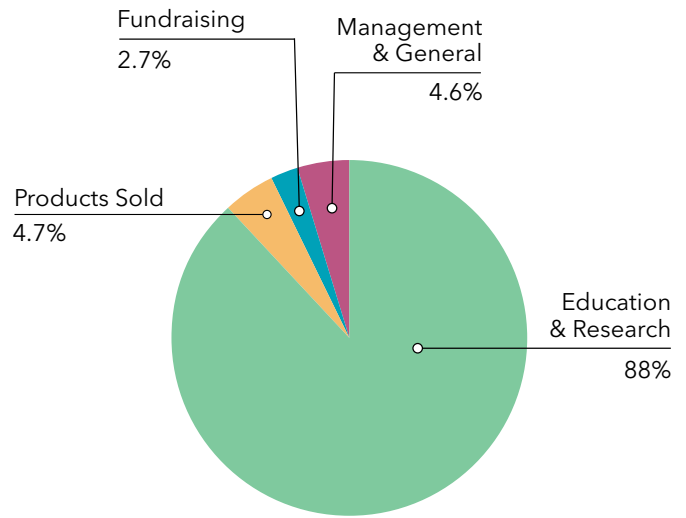
THE MONROE INSTITUTE  
Financial Statement of Activities for the Year Ended December 31, 2018

### Revenue



Program Revenue:	\$2,076,969
Education Product Sales:	\$247,764
Intellectual Property:	\$142,174
Donations:	\$195,896
Investment Income:	(\$30,618)
Misc.:	\$5,037
<b>TOTAL:</b>	<b>\$2,637,222</b>

### Expenditures



Education & Research:	\$2,312,141
Products Sold:	\$124,331
Fundraising:	\$71,471
Management & General:	\$118,465
<b>TOTAL:</b>	<b>\$2,626,408</b>

### Board of Directors

Frank Kenna  
*Chair*

Nancy McMoneagle  
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### Staff

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### Social Media



49%  
NEW SUBSCRIBERS



16 NEW VIDEOS



6% MORE PAGE LIKES

43,400 FOLLOWERS



38%  
NEW FOLLOWERS

2,318  
TOTAL FOLLOWERS

59 US RESIDENTIAL PROGRAMS

4 NEW RESIDENTIAL PROGRAMS

1,054 US RESIDENTIAL PROGRAM ATENDEES

### Trainers

33 RESIDENTIAL TRAINERS IN 13 COUNTRIES

21 US RESIDENTIAL TRAINERS

51 LCN CHAPTERS IN 19 STATES AND 10 COUNTRIES

12 NON-US RESIDENTIAL TRAINERS

88 OUTREACH TRAINERS IN 11 STATES AND 20 COUNTRIES

20,170 SUBSCRIBERS

79 PROFESSIONAL DIVISION MEMBERS

### Online

13 ONLINE PROGRAMS



4 NEW ONLINE PROGRAMS

336 ONLINE PROGRAM ATENDEES

6 MINI ONE-DAY US PROGRAMS

2 NEW SAMusic Products  
NEW FREE GUIDED MEDITATIONS

## THE MONROE INSTITUTE 2018 DONORS

WE THANK ALL of the individuals and institutions that have donated to The Monroe Institute. Without your support we would not have achieved the accomplishments detailed in this report. Because of the generosity of others we are able to conduct research, create innovative programs, and offer scholarships.

### IN MEMORIAM

Becky Carroll *In Honor of Nancy "Scooter" McMoneagle*  
Mai Carter *In Memory of Eleanor Friede*  
Brian Dailey MD *In Honor of Dr. Ross Dunseath, the Copper Wall Project*  
David Gardine *In Honor of Jay Lewis Wylie, Who Volunteered Last Year As My Son, May We Meet Again Soon*  
Carol Hubbard *In Memory of Carol de la Herran*  
Michael Marsden *In Honor of Christine J. Robinson*  
Tsuyoshi Naka *In Memory of Rosalind A. McKnight*

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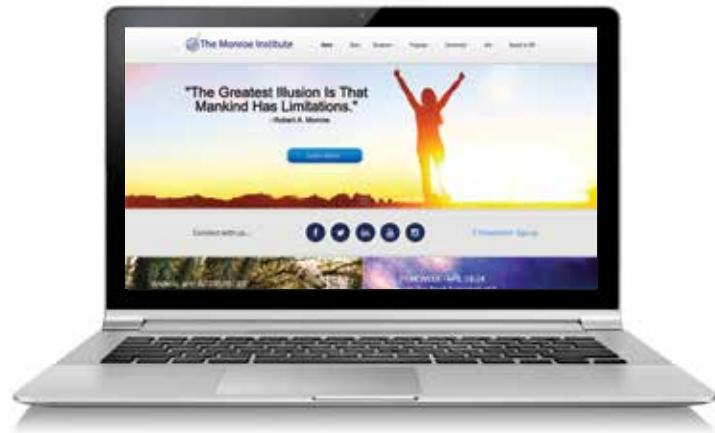


# Thank you.

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- Support our Work
- Watch us on YouTube



## MISSION

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The Monroe Institute advances the exploration of **HUMAN CONSCIOUSNESS** and the experience of **expanded states of awareness** as a path to creating a life of **PERSONAL FREEDOM, MEANING, INSIGHT, and HAPPINESS.**



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